Hospital discharge Home Care checklist

One page to take to the discharge planner. Not a medical plan.

1. Ask the discharge planner for the date and the time you are expected to leave.
2. Ask whether a doctor is ordering short-term skilled home health, or whether the family will hire an agency and pay privately.
3. Write the first week: which hours, which days, and who is home when help arrives.
4. Ask what equipment should be in the home before discharge, such as a walker or a hospital bed. Do not send medical records to this website.
5. Name one backup person if the aide is late on the first day.
6. Ask who answers the phone after hours.
7. If Medicare home health was ordered, confirm the agency is Medicare-certified. That benefit is skilled and intermittent. It is not 24-hour custodial care.
8. If you are paying privately, a typical visit is about $33–$36 an hour with a 4-hour minimum. Live-in starts around $450 a day. The same planning figures apply in all five boroughs and Nassau County. Suffolk is coming soon. A written quote is the real number.
9. If the person is already on the NHTD waiver, changing agencies is a separate step and does not start a new enrollment.

Connect with licensed agencies — 2-minute form

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https://www.homecarenyguide.com/resources/discharge-checklist/
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